



U.S. General Services Administration

Proposal: An ISWG Health and Wellness Group

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High-Performance Buildings
Presentation to ISWG
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What's at Stake

- The Federal government's civilian workforce of 2.2 million workers:
 - Receive \$215 billion in total compensation (FY16)
 - Including health insurance, of which government pays ~70% of premiums
 - Have an absenteeism rate due to illness or injury of 2.6%
- Thus, the economic value of keeping Federal workers healthy is huge
- Building features & conditions impact worker health & performance – even if hard to quantify



Healthy is HOT in Buildings Industry



User-Friendly Stairwell: GSA: Battin Courthouse, Billings, MT
(Fitwel certified)



THE WELL BUILDING STANDARD



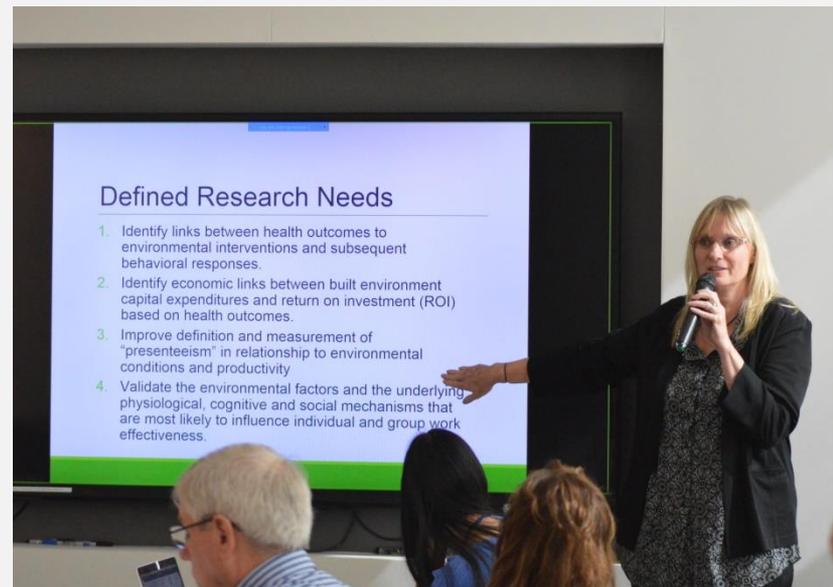
Herb Garden: ASID HQ, Washington, DC
(WELL certified)

2016 Guiding Principles

- Occupant Health and Wellness:
 - Promote opportunities for voluntary increased physical movement of building occupants such as making stairwells an option for circulation, active workstations, fitness centers, and bicycle commuter facilities; and support convenient access to healthy dining options, potable water, daylight, plants, and exterior views.
- Plus long-time IEQ goals:
 - Ventilation and Thermal Comfort
 - Daylighting and Lighting Controls
 - Indoor Air Quality:

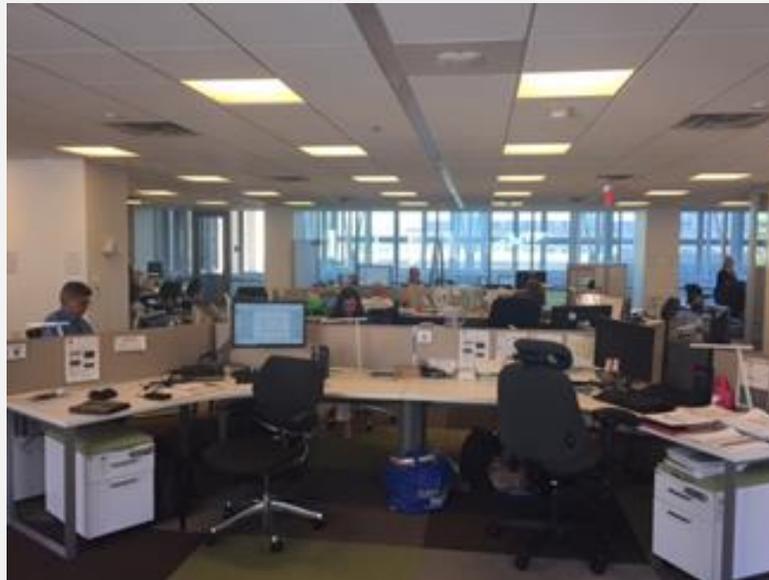
Advisory Committee Health & Wellness Recommendations

- Maintain & build on health focus in Guiding Principles, other guidance
- Incorporate health into integrated design processes
- Support research to fill knowledge gaps
- Guidance Crosswalk to assist agencies
- Leasing provisions



Synergy with ISWG

- History of sustainability champions coming together to raise building performance
- Broad base of Federal high performance building expertise & connections to tap
- Commitment to Guiding Principles



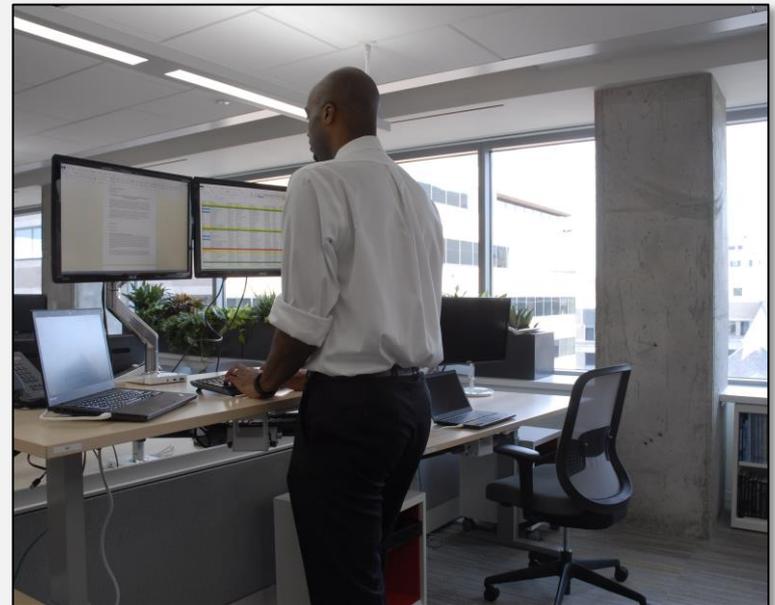
Open plan, daylit workspace: GSA: Central Office
(Washington, DC)

Proposed Group Agenda

- Educating & informing each other
 - Current agency policies
 - Industry programs and best practices
 - Case studies
 - Latest research results
- Making progress together
 - Enhancing Federal standards & guidance
 - Testing & improving metrics
 - Expanding & sharing info on Federal pilots

Next Steps

- Identify interested participants (underway)
 - ****Please let Ken know if you're interested and/or would like to discuss more:**
ken.sandler@gsa.gov, 202-219-1121**
- Develop a core group to begin meeting, develop charter and agenda
- Keep the ISWG regularly updated



Adjustable height desks: ASID HQ, Washington, DC (WELL certified)

Your Questions, Comments, Ideas?

